Technical Sheet - Apnea
Company: Poisson Soluble

Please forward this technical sheet to the stage crew.

Technical Contact:
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The company travels with a lighting technician.
Setup (set and lighting): 2 shifts if pre-installation is required
Dismantling: 1 half shift
Minimum turnaround time if multiple performances: 1 hour
The company requires a lighting technician, a sound technician, and the number of technicians necessary for the proper functioning of the venue.

Typical Schedule if pre-installation:

Shifts	Setup Details	Teams
1	Unloading set, validating areas to be closed off, light adjustment	Lighting
2	Final light adjustments, sound adjustments, technical run-through	Lighting / Sound

Stage:
Note: The performance requires as central a view as possible. The setup is in flat planes, and some seats with too much of a downward or upward view may need to be blocked off. Please check the audience seating plan before signing contracts.

Minimum Stage Requirements:

- 7m width
- 5m depth
- 3.5m clearance under rigging
  Black box theater (Italian style) adapted to the venue.

Lighting Equipment:

- 1 lighting board with 24 circuits and memory (backup)
- Minimum 24-circuit power blocks, 3kW
- 23 1kW PC lights or 614 profile spots
- 2 floor-mounted dimmer lines

Gels: L203, L202, L201, L162, L111, L132, L111, R132
Extensive use of aluminum gaffer tape is required when using PC lights.

The lighting console is operated from a computer and an Entec Pro DMX interface.

Sound Equipment:

- 1 Mini Jack/Jack (sound from a computer)
- 1 DI box

- Amplification and sound system adapted to the venue
- Stage monitors

The sound desk controls should be accessible from the lighting board.

Dressing Rooms:
We request access to a shower before and after the performance. Towels and soap should be provided.

Catering:
"Live simply so that others can simply live."
With this spirit in mind, we prefer simple catering with local and natural products, such as fresh seasonal fruit, dried fruits (figs, walnuts, hazelnuts, etc.), and/or local sweet and savory specialties, along with water, tea, and coffee.
Feel free to let your creativity guide you—it’s you who make our daily lives.

Sales Area:
We have posters for sale at a free price. If possible, we would appreciate it if you could set up a table at the exit of the venue. Thank you!

Let me know if you need any further adjustments or if something else needs to be translated!